Cracking the Synergy Source Code

Thoughtful Insights – Not for Sale

Synopsis of Volume THREE

Dancing with the Holy Spirit

The Neuro-Chemistry of Synergy

This Synopsis in intended to:

- Summarize my personal insights into the essence of the Holy Spirit, and
- Connect the divine energies of the Holy Spirit to modern discoveries on brain science.

While this material that follows may look quite organized and analytical, it did not begin that way; it's the result of hundreds of detours and paths that led into rat-holes, got bogged down in quagmires, and became lost in outer space excursions.

This Synopsis is a shortened version of a larger study that focuses on the Holy Spirit, Trust, a powerful connection how a leaders can create a trustful and inquisitive culture that evokes the Holy Spirit. Much of this work began as a series of "Thought Pieces" which were evolved over a twenty year period as I dug into somewhat daunting spiritual questions that are addressed in more detail in the Appendices at the back of this document.

This Synopsis is neither complete nor definitive 'truth" for eternity, but perhaps my inquiry will stimulate another level of inquiry for others who will discover/uncover greater truths than mine.

Herein the issue of the interplay of science and spirituality offers real insight into the glory of God. By my nature, I am an "architect," which means I relish in joining art and science. When spirituality and science are at odds, I'm uncomfortable. That discomfort often spurs me to find resolution, triggering answers to other deep questions, resulting, for me, as an unraveling of a Gordian Knot.

Robert Porter Lynch Naples, Florida June, 2012

Contents

Chapter ONE: QUESTIONS about SPIRITUALITY What is the Essence of God?	
What is the Nature of the Holy Spirit?	6
Is there any Unforgivable Sin?	7
What is the Deepest Yearning of the Soul?	8
Does synergy seek any preferred "target?"	9
How does one Create Synergy?	10
What is the "Nature" of Trust?	10
Chapter Two – Neuro-Science of the Holy Spirit What "Drives" humans to behave as we do?	
Four Drives – The Nature of Human Nature	14
Important Characteristics of All Mammals	15
Higher Order Capacities of Humans	16
Leadership and Aligned Energy	18
Soul Drives	19
Distrust and the Destructive Role of Fear	20
The Nature of Greed	22
The Nature of Evil	22
Neuro-Science of the Holy Spirit	23
How Chemistry Responds to Leadership Actions	23
Dopamine & the Drive to Acquire	24
Oxytocin & the Drive to Bond	25
Adrenaline & the Drive to Defend	26
Opioids & the Drive to Create	27

Dancing with the Holy Spirit

What is Trust Worth?	28
How Fear Shuts Out Love & Creation	29
Trust Ladder& Tornado of Distrust	30
A Remarkable Transformation	31
Foundational Mindsets about Collaborative Innovatio	
KEYSTONE CONCLUSIONS	
The Messages of Christ	37
Appendix One: The Soul and the Holy Spirit Appendix Two: Biblical Sources of the HOLY SPIRIT Plato's Gift to Christianity	40
Greek Spiritual Evolution	41
The Spiritual Evolution into Christianity	42
Holy Spirit & Greek Spiritual Innovation	44
The Holy Spirit and the Essence of Wisdom	45
Finding Unity in Diversity	47
The Infinite Power of the Holy Spirit	48
The Only Unforgivable Sin	50
Suicide of the Soul	51
The Holy Spirit as Teacher of Truth	51
Your Destiny and Purpose	52
Is Synergy the Holy Grail?	53
Richness of Forgiveness	54
The Holy Spirit as Source of Regeneration	55
Christ's Message of Release & Regeneration	55
Appendix Three: Finding the Bible's Synergy Code	57

The Multidimensional God	57
Unity in the Diversity – The Hidden Synergy Code	57
Where is the "Trust Code" in the Bible?	60
Are there Different Types of Synergy?	60
How did the Ancients express the Nature of Synergy	?61
Must the Ego & Soul always be in conflict?	62
Is Unconditional Love Really Possible?	64
What is the Nature of Integrity?	65
The Ultimate Question	
Is there a God?	66
Edison's Divinity	66

Please Note: This is still in a DRAFT form, for comment only.

The exploration of spiritual ideas and ideals is not taken from any particular religious perspective to advocate the rightness or wrongness of anyone's religious beliefs. I am not a "doctrinaire" thinker – my point of view is that of a learner and explorer, not that of an expert nor of an evangelist of any specific view of Judaism or Christianity. I believe in God and practice as a nondenominational Christian.

None of this is written to convince or argue a point of view – only to set the foundation for a more holistic understanding of the Holy Spirit in real life situations.

Further Note: There are still typos, grammatical errors, and lapses in logic which the reader may spot. Please forgive any such errors. Permissions for use of materials have not been requested.

CHAPTER ONE: QUESTIONS ABOUT SPIRITUALITY

This Chapter outlines my insights from twenty years of asking difficult questions about God and the Holy Spirit, among lots of other questions. When I started, the questions were not nearly as succinct or clear as they appear here. Neither were the answers, which I consider "interim answers," just a one more step on a ladder of answers for future generations to see in a higher light.

WHAT IS THE ESSENCE OF GOD?

Many spiritually enlightened people would maintain that:

God is Love, and Love is all there is.¹

I believe the last part of this phrase is not a whole truth. Many of the ancient texts (i.e. Hebrew/Essene, Greek/Gnostic, and Chinese) indicate the *Essence of God* is quite dualistic (yin-yang) interplay² of energy -- *both Love* (largely the focus of the New Testament) *and Creation* (Old Testament: Genesis 1:1).

God in the ancient Aramaic is "Unity in the Diversity," thus God is akin to "Synergy."

Most other spiritual beliefs concur about the duality of God being *both Love and Creation*. This is an important distinction and opens a wealth of possibilities for human existence.

¹ The idea that "God is all there is" comes from the New Testament, 1 John 4:8 "Let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love. This is how God showed his love among us." Then in 4:16 "God is love. Whoever lives in love lives in God and God in him." Nowhere does it say "Love is all there is" which would limit God's power to love as the supreme power of Divine Essence. The passage cited above does not mean that God can't be more than just love.

² for Love to "interplay", it must interplaying with something else. What's common among virtually all ancient religions is that God is *Love, Creation*, and *Truth*. A Course in Miracles states: "You are a miracle of God. Creation is your Source and your only real function." (p 40)

Thus living in the "spiritual moment" is an act of *Loving* and *Creating* in the Moment. Hence we are closest to our Divinity when we are *Loving* and *Creating* with one another, because that is the essence of God.

And there is still a third dimension as the eminent theologian Paul Tillich suggests; there are other considerations which seem to contradict the assertion that God is love – God's knowledge far exceeds our fragmentary and darkened knowledge, that seeing/knowing the truth is perfect and eternal.³

Christ said: the Father will give you another Counselor to be with you forever: 'the Spirit of Truth' [which] lives within you and will be in you; the Counselor , the Holy Spirit will teach you all things.⁴

The differential energies of *Love* (from mercy and forgiveness) and *Creation* (from knowledge and wisdom) join in synergistic union to form the *Truth*. (see Figure 1)



Figure 1: Unity in the Diversity; Interplay of Love, Creation, & Truth

⁴ John 14:16 & :26

³ Tillich, Paul; *The Shaking of the Foundations*, Charles Scribner, NYC, 1948, p 109. Tillich, using Paul's writings as his pivotal point, going on to postulate that full knowledge presupposes full love. "Love lasts; love alone endures,...[there is] nothing independent of love."

WHAT IS THE NATURE OF THE HOLY SPIRIT?

John: 14-16 illuminates with wonderful passages about why Christ leaves the earth -- so that the Holy Spirit⁵ of Divine Truth will come. The Holy Spirit is represented in ancient Judeo-Christian texts by *the wind that blows*-- the "breath of God.⁶"

The Holy Spirit represents the Divine Energies of God: the Energies (drives) of Love and Creation.⁷ Being in the State of Grace is to have the Holy Spirit flowing to create Synergy.

Mastering the *interplay of harmonies and polarities* is an essential skill in the creation of synergies and manifesting the Holy Spirit. The Greeks knew this concept as *Unity in Diversity*, but through our Latin culture this ideal devolved into something akin to *Unity of Authority*.

And just where should we begin seeking this deep wisdom? It is already within us:

If you bring forth [the light of the Holy Spirit] which is within you, that [light] which is within you will save you.

If you don't bring forth that [light] which is within you, that [darkness] which is within you will destroy you.

from the Gospel of Thomas

The Holy Spirit gives new life from heaven. You must be born again. The breath of the Holy Spirit blows and you hear the sound, but you cannot tell from where it comes or whence it goes;

⁵ In the Oriental Taoist tradition, the Holy Spirit is referred to as "the Way," or the Enlightened/Divine/Spiritual Way.

⁶ The Holy Spirit was feminine in the Aramaic and Hebrew, and was represented in Greek as neutral: "psyche" or "pneu" or as feminine: Wisdom: "Sophia." (Jurgen Moltmann, The Source of Life; 1997; p. 35) She remained in this form at least until the 2nd century A.D. until "She" was changed from feminine into a "He" in the Latin (and German; the Catholic Church argued vociferously in the 4th & 5th century that the Holy Spirit was and always had been masculine.

⁷ We were given *Imagination* to enable access the divine energy of *Creation*.

for such is the nature of the Holy Spirit when a person allows it to be born. --John 3:5-8

Just how wise is she and how much confidence should we place in her? Again the New Testament is unequivocal:

...the Holy Spirit shall teach you all things... [s]he will guide you into all truth... and [s]he will show you things to come. --John 14:26

And when they bring you into the synagogues, and unto magistrates, and rulers, Worry not how or what you shall answer, or what you shall say: For the Holy Spirit shall teach you in the moment what you ought to say. -- Luke 12:11-12

IS THERE ANY UNFORGIVABLE SIN?

Blaspheming the Holy Spirit commits what the Greeks called "suicide of the soul," for it destroys our connection to our divine energies of love and creation. Similarly, the Aramaic word for blasphemy can also mean to "revile" or "cut oneself off from." Thus the reason we cannot be forgiven is because severing ourselves from our soul is something only we can remedy ourselves. No divine intervention from God during or after the fact can heal this self-inflicted wound, thus:

Any sin and blasphemy shall be forgiven men.... But whoever shall speak against the Holy Spirit, shall not be forgiven, either in this age, or in the age to come. --Matthew 12: 31-32

It's through the Holy Spirit we are enabled to access synergy, which, as I explore in the next question, is a powerful, but largely unexplored and unchallenged force in spirituality.

WHAT IS THE DEEPEST YEARNING OF THE SOUL?

Many Judeo-Christian and Buddhist teachings indicate that the deepest yearning of the soul is *Peace and Unity with God.*

But if you ask people "What did you experience on the most *wonderful* day of your life?" people's responses are *not passive* (like peace⁸), nor was it simply "unity with God."

Typically responses are far *more active*, as in the image of dancing with others, actively engaged in having a joyous interaction with others, or a transformational experience with God, Nature, or themselves.

Would a world that was just peaceful be very satisfying? Was the spiritual life intended to be "blissful" or was it intended to be a wonderful creative interactive engagement with others? Thus my conclusion is that the Deepest Yearning of the Human Soul is *Synergy*.⁹ Perhaps *peace* is a waystation on our spiritual path – a step between war and turmoil on the one hand and synergy and inter-connection on the other.

When we lose our spiritual footing (and it's easy to lose in a hectic, tumultuous world), peace is the place we need to go to regain that solid foundation. Having peace under ideal conditions isn't indicative of spiritual growth, it is escape.

But peace has its own seductive lure – some people, in the search for peace and serenity have gone deeply into themselves (into their "bliss) and forgotten the plight of the world around them, letting poverty and pain and war prevail, with the philosophy that each person's plight is their own choice.

If this were so, then the idea of destiny, mission, and purpose would be invalid, and the lives of people like George Washington, Martin Luther King, Mahatma Gandhi, or Mother Teresa would be meaningless.

⁹ from the Greek, meaning: *Joined/Aligned Energy*

⁸ An important exception to this is when a person returns from war or has a life filled with conflict and turmoil. Then *peace* is preeminent.

Synergy is not passive, but quite active; not solemn, but uplifting and joyous; not overly restrained, but enormously expansive, not merely united, but integrated, aligned, interactive energy.

The soul naturally yearns to create synergy: the alignment of differential energies -- harmonies and polarities -- into something transcendent, transformational, and filled with both *Love* and *Creation*: the *Dance of Life* as we touch the higher soul in each other, bringing us closer to God in a synergistic spiral of life's energy.

We were given *Imagination* so that we could access the divine energy of *Creation*.

Does synergy seek any preferred "target?"

God is Synergy (Unity in the Diversity). Because *synergy* is *aligned energy*, then we might consider the question: "Does synergy seek to align on any preferred target?

My sense is simple: because the soul *Seeks Its Highest and Best Destiny* by which we find meaning and purpose in our lives, any positive energy that aligns on the soul's core mission will be experienced as synergistic; thus:

The Greatest Source of Synergy is to fully commit yourself to the Highest Purpose God has put you on the earth to fulfill; and to lovingly manifest Destiny's Dream every day of your life.

It's on destiny's pathway that true happiness will be found and profound synergy manifested, where little things no longer loom large to get in the way of our real purpose.

Too often, those who define personal success strictly in financial terms find that life is little more than the agglomeration of material illusions that mask our settling for a dream not noble enough to be worthy of failure.

How does one Create Synergy?

Synergy, like all living things, needs the environment to grow just as plants require fertile soil, sun and water to grow.

Nothing is more vital than trust, for without trust, synergy will not manifest. No one can climb the pinnacle of synergy without traversing the pathway of trust. At the highest levels of trust, the divine energies of *Love* and *Creation* -- are fully engaged: in the "synergy" zone It feels playful, less weighty, and energizing.

What is the "Nature" of Trust?

Trust is the most important and fundamental element in building relationships. Trust comes *before* love because it is the first essence of love. Relationships without Trust are doomed.

Trust is often hard to define because it is multi-dimensional, involving an array of human requirements, including fairness, respect (the precursor to love), integrity, honesty, truthfulness, ethics, safety, and openness of motive.

Trust then grows the more two people embrace *care*, *compassion*, *sharing*, and *mutual understanding*. By emphasizing these "higher," more spiritual drives, the more trust builds. Think of trust on a scale, like a ladder, beginning first with *Relationships* at the lowest level and *Creationships* at the highest:¹⁰ As trust evolves to higher orders, an important element of *Co-Creation* transforms trust into something far more synergistic.

At the highest levels of trust, the power of trust is in its manifestation of the Holy Spirit: the Divine Energies of God – Love and Creation – *manifesting, not in us, but through us.* ("Creationships" on the Ladder of Trust) We become the pathway through which divine energy flows, and we both protect others in our midst, and lift them into divine energy with us, producing *synergy – aligned energy.*

¹⁰ (see Volume Four: Creating a World You Can Trust for more information)



The Deepest/Highest Trust is the Union of Love and Creation.

This seems like an effortless process because divine energy needs no force to generate it. That's why, when we are loving and creating together, we can seem to go on for inordinate amounts of time, into the wee hours of the night, and time seems to disappear. The next morning we don't feel worn out, instead we feel energized and revitalized.

At this stage, we are "actively peaceful," which means we are fully energized, engaged, and achieving, while empowering others to do the same, while "peaceful" in the sense that we are not frenzied, pushy, demanding, or suffering the internal conflict of our four drives being misaligned, each fighting for its position, even dominance, in our psyche.

We can be actively at peace because, with fear far in the background, we can be totally honest, and thus never harbor a thought of having to protect ourselves against the squalid dishonor of having to cover a trail of lies, deceits, and dimishments of others.

Thus synergy is the state of alignment of energies of Body, Mind, and Spirit.

Note: for more detailed biblical references on the Nature of the Holy Spirit, please see the Appendices

Chapter Two – Neuro-Science of the Holy Spirit

In this chapter, I am going to depart from a study of ancient texts, traveling into the era of modern science and connect the 4 Drives of Human Behavior (from Paul Lawrence – see **Error! Not a valid bookmark self-reference.**) and draw a set of observations about culture, leadership, and the Holy Spirit.

WHAT "DRIVES" HUMANS TO BEHAVE AS WE DO?

Reconciling the disparity between science and spirituality is critical if we are to heal the planet.

When spiritual beliefs run counter to scientific evidence, like evolution,¹¹ something's got to give. When spiritual principles align with scientific evidence, then the world begins to shift. When they contradict or don't align, knowledge, belief, and action are at cross purposes and little constructive can be accomplished as we are torn across contradicting uncertainties.

Understanding the "Nature of Human Nature" is a quest that has been speculated on for several millennia. The study of human behavior goes back to the Greeks. However. for millennia two humanity has wallowed in a quagmire about what causes humans to behave sometimes predictably and sometimes bizarrely. Neither

The word Psychology, taken literally, means "The authoritative word of God (Greek: Logos) about the soul (Greek: Psyche)."

We have certainly strayed far from this meaning, now having left both God and the Soul out of most of psychology.

psychology, nor anthropology, nor sociology nor neurochemistry has come up good answers.

¹¹ see Volume Five for greater clarity on Darwin and our Divine Nature

Modern science, combined with the work of Paul R. Lawrence¹² at Harvard sheds some bright light on the "drivers" of human behavior.

Four Drives – The Nature of Human Nature

In the last decade a number of breakthrough studies give us a better understanding of what's happening inside our skulls. Knowing more about what's happening in the brain gives a leader clear guidance on how to "turn on the switches" that light up collaborative innovation. (Don't panic; we're going to make brain science easy to understand.)

While our brains are the most complex mechanisms on the planet, there are some basic circuits that control our behavior in a normally functioning brain, and different parts of the brain are assigned responsibilities for performing these functions. Most things in the brain happen automatically, without conscious thinking, like breathing, heartbeats, and digestion, to name just a few.

"Drives" are the ultimate, irreducible motives of human behavior. There are four basic drives in all healthy human beings (conveniently A, B, C, & D):

 Drive to *Acquire* - seeking food, shelter, reproduction, and even pleasure. Attached to this drive are certain very *basic emotions* such as *desire*, *greed*, and *lust*. When other species are on the receiving end of this drive, they perceive it as aggression or domination, and typically respond with the next drive:

¹² Paul was my mentor, co-author, and friend. Together, in the last year of his life, we "discovered" the linkage between the four drives and the neurochemistry of the brain. Other factors, such as culture, experience, and personality *influence* behavior, but are not the fundamental *drivers*. Details of the "Four Drive" model of human behavior are explained in detail in "Driven to Lead," Jossey Bass, 2010. See Volume Four for more detail on this subject.

2) Drive to Defend – protecting ourselves from threats and aggressors that will prolong individual survival and even prevent our extinction as a species. Attached to this basic drive is the basic emotion of *fear*, and its derivatives such as *anger* and *vindictiveness*. We are taught:

You shall not take vengeance, or bear a grudge against the sons of your people, but you shall love your neighbor as yourself. -- Lev 19:18

These two drives originate in the older, reptilian part of the brain. These are necessary for survival in an unsupportive or threatening environment.

These basic brain functions together are often termed "selfinterest" or "self-preservation." These two drives mostly use evolutionarily-old brain regions that humans share with fish and reptiles. When a leader triggers these two drives excessively, however, collaborative (bond-love) innovation (creation) circuitry in the brain is inhibited, as we will explain later.

Important Characteristics of All Mammals

Because humans are mammals, our brains share certain functions that are common among all mammals and have the capability of being extremely well developed in most humans; the most important one for our immediate purpose is:

3) Drive to Bond --the yearning to live and work in groups, such as teams or herds. .¹³ This "communal instinct" starts with our nurturing of our young. Associated with this drive are some of emotions exhibited by humans and a few higher mammals - *love, empathy, happiness, playfulness, loyalty,* and

¹³ Scientists have studied this quality going back all the way to the ancient Greeks and have concluded time and again that these characteristics all have served very important evolutionary functions to give mammals a competitive advantage over reptiles. A very small percentage of any species of mammal seems to be born without this quality. In humans we call these psycho- or socio-paths.

gratitude, to name a few. The bonding impulse is especially strong in humans. It started with the pairbonding that gave us the nuclear family and later tribal cohesion. It is extremely important because it provides the natural desire for humans to *collaborate*, coordinating their actions for their mutual benefit, and the desire to work for the "greater good."

The Drive to *Bond* is inherently the same Energy of *Love*, stated here in more scientific language.

Higher Order Capacities of Humans

Human beings have high-order cognitive capacities that allow us to create, comprehend, find meaning, and learn. Located primarily in the comparatively over-sized prefrontal cortex, this capacity gives humans the ability to weigh, balance, and align the drives to *Acquire, Bond*, and *Defend*. We term this capacity:

4) Drive to *Create* - the unceasing impulse of humans to comprehend the world around them, to find meaning, to imagine a better future, to solve problems and puzzles, and to build new and better things.

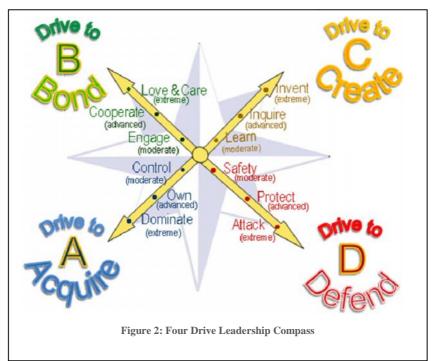
Attached to this drive to *Create* are many of the emotions we often call *spiritual* such as *inspiration, wonder,* and *awe*. This drive manifests in all children at a very early age. Our intellectual power to comprehend, find order and purpose, and relate things together is part of this very encompassing drive.

It is this very human drive to Create that every leader seeking innovation needs to support and catalyze along with the collaborative Drive to Bond. In tandem, these two drives give people a deeper sense of meaning and purpose, as well as what we often refer to as conscience.¹⁴ Further, the drive to Bond activates

¹⁴ Psychopaths are defined as people without conscience; they lack empathy because their brains have an impaired capacity to process oxytocin. Darwin maintained that a conscience was the primary feature that distinguished humans from other animals.

the pleasure circuitry of the drive to Acquire. This gives leaders a "win-win" way to stimulate innovation: it benefits both the individual and the group.

We've arrayed the four drives in the form of a "leadership compass." (see Figure 2) The four drives are easy to remember: A, B, C, & D)



Each of these four drives must be reasonably satisfied in a normal human being.¹⁵ The drives are not necessarily autonomous. All drives operate inter-dependently and each must be satisfied in some reasonable proportion, otherwise people will feel unfulfilled. The optimum experience occurs when all four are interacting

¹⁵ Over 90% of humans fall into the normal category. (see next question and Volume Four for more detail on these people.)

synergistically. And if people feel unfulfilled, they will seek fulfillment of the drive that's lacking in some other way.

Leadership and Aligned Energy

A leader's every action reinforces or suppresses these drives with rewards and punishments.

In any group or organization, a leader must consciously work to meet the needs of every human to balance or align the drives to *Acquire* resources and *Defend* one's turf (self-interest) with the needs of humans to *Bond* with others to achieve something they could not accomplish alone (mutual-interest). If these drives are in conflict then the leader must resolve this or innovation will be diminished.

By reinforcing the drive to *Bond*, a leader emphasizes collaboration, and by simultaneously reinforcing the drive to *Create* the leader stimulates innovation. The good news is that it doesn't require hiring new people, just tapping the massive capacity for innovation already within its organizational boundaries, as Robinson and Stern, in their book *Corporate Creativity*, explain:

Given the creative potential already present in most companies, the environment is the determining factor for promoting overall corporate creativity... Alignment is the first essential element.¹⁶

But exactly how does a leader know just what proportions of these drives are needed? How does one steer the organizational ship with the compass? How do we stay on the collaborative innovation course?

To illustrate, think of your car's front-end when you are driving: if the one of the wheels is unbalanced, you get feedback from the pounding the tire creates when it's bouncing and not running smoothly. And when the front end is out of alignment, the car is always pulling to one side or another, constantly needing correction.

¹⁶ Robinson, Alan G; & Stern, Sam; Corporate Creativity, How Innovation and Improvement Actually Happen, Berrett-Koehler, 1997, p 29, 89

Our brains give us similar feedback if we tune into its signals. When everything is tuned right, we trust, when out of balance and alignment, we distrust. Our brains produce specific chemicals called "neurotransmitters" that signal whether we have too much of one thing and not another,

It's important for a leader to know how the brain's chemistry responds directly to what is being sensed in one's immediate environment.

When a leader triggers a culture that reinforces the Drives to Bond and Create, the leader is inherently triggering the Divine Energies of Love and Creation – the energies of the *Holy Spirit*.

whether we are "unbalanced" or "out of alignment." Because the brain's chemistry responds directly to what is being sensed in one's immediate environment, it's important for a leader to know the basics about how this system operates.

The combination of the Drives (think of "Energies") to *Bond* (Love) and *Create* (Co-Creation) enables normal humans to evolve and mature, become consciously aware, develop and use our conscience (which may also broadly be considered a *Soul*), and engage in the magic of synergistic action.

However, the vast majority of humans exist in a self-imposed prison where each of these drives operates autonomously. What's most important to grasp is the power of *alignment*. For the happiest, most spiritually tuned people, the *soul* drives (*Bond & Create*) guide and direct the ego drives (*Acquire* and *Defend*), thus *aligning* the drives for higher meaning and purpose.

Soul Drives

The idea of Soul is directly connected to them Drives to Bond (Love) and Create.

internal energies - in a manner in which the drives to Acquire, Bond, Create, and Defend - are reoriented as our soul drives (Bond & Create) take charge, becoming our Guiding Force, and the ego drives (Acquire & Defend) become the Will Power to attain and sustain great spiritual heights. Thus the Divine Energies - the Holy Spirit - remain flowing into the

soul, while body and the mind are fully empowered

Volume 3 Page 19

as well.

Distrust and the Destructive Role of Fear

One of the principle reasons trust has been elusive as a discipline is because so little close examination has been done on the root cause of trust's polar opposite: *distrust*.

Ask most people what causes distrust, and their response will typically refer to a behavioral *symptom*, such as "He threatened me;" or "She betrayed me;" or "They tried to shake me down;" or "He never does what he says he's going to do;" or "She's always trying to play a guilt trip on me."

In each case, the underlying root cause was the triggering of one core emotion: fear -- the sense we must defend ourselves, especially when someone else's needs for power, control, resources, status, territory, or revenge, leaves us feeling unprotected and vulnerable.

The impacts of fear have been quite well studied. People respond to fear in one of three ways: *Fight, Freeze*, or *Flight*. Just as importantly, they don't innovate (except to find innovative ways to resist change).

Fear floods the brain with chemicals that counteract both collaboration and innovation

Fear has a powerful effect by flooding the brain with chemicals that counteract other key neurotransmitters that enable both collaboration and innovation.

The preceding examples show the impact of trust and fear on innovation, but do not address how this actually happens. Here we intend to take trust out of the realm of the "mysterious soft arts" and plant it firmly into the realm of science and the physiology of the brain.

Fear is a naturally occurring phenomenon in all human beings which results from the drive to *Defend* being placed in a situation of poor safety and security. Other than the natural fears of falling and loud noises, all other human fears are learned.

Fear typically manifests as fight, flight, or fright. Bullies have fear, but they turn it inside out, becoming aggressive. But underlying the aggression is fear. Revenge is fear manifesting as aggression with a get-even dimension. Of course, this only triggers more fear in the recipient of the revenge, which causes more aggression, usually ending in a death struggle, or the hiring of lawyers to do our fighting to gain "justice" (a battle only the lawyers win for themselves).

The flight response allows us to escape, at the risk of being seen as a coward. Anxiety is simply fright, without fight or flight.

Our "normal" fears include:

- Fear of being Taken Advantage of, Loss of Safety/Security
- Fear of Physical Harm from Attack or
- Fear of Loss Control, Territory, Possessions
- Fear of being Hurt Emotionally
- Fearful Insecurity of being Damaged
 - Economically
 - Physically
 - Reputation Demeaned
 - Betrayed
- Fear of Looking bad Ego fear
- Fear of Rejection or Exclusion
- Fear of Failure

Fear triggers the flow of adrenaline, which "sears" the fear event on the brain's memory structure for rapid recall if a similar situation similar presents itself. Fear also represses the neuro-transmitters that enable the drive to *Bond*.¹⁷ One does not simply

¹⁷ See Volume Four for more information on how fear shuts down the neurotransmitters in the brain that control love and trust. The Bible tells us: There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love. (1John 4:18). While this is true, according to modern neurochemistry, the opposite is also true: Perfect *Fear* drives out *Love*.

"overcome" fear because of the way it sears the memory of fearful events on the surface of the brain's memory system

Spiritually one must become committed to something larger than fear by using the direction of the soul and the power of will.

The Nature of Greed

Greed originates from the drive to *Acquire* put into the "overdrive" condition. Greedy people often have little conscience or operate from the mistaken belief that "greed is good."

Greed in one person will often trigger fear in another.

The uncontrolled union of the Drives to *Acquire* and *Defend* presents a condition wherein the *Ego* overrides the *Soul*.

The Nature of Evil

Evil is typically exhibited by three types of people known as (Psycho-Sociopaths, Machiavellians, the "Dark Triad" & Narcissists), which constitute about 5% of the general population, and 10% of the executive/ruling population. Psychopaths constitute about 1.5% of the human population, and their brains are physically lacking the capacity to produce the hormones necessary for the drive to Bond (love); thus they have no compassion, empathy, or conscience. These people are dangerous; "taught" to love because Psychopaths cannot be and physiologically they have no capacity in their brain to do so.

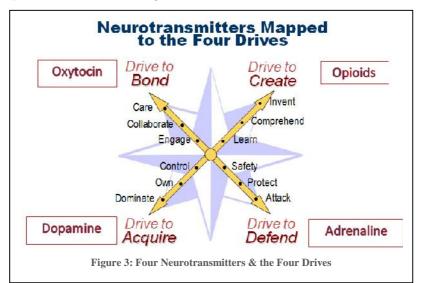
Machiavellians and Narcissists do have the capacity to love, but staunchly choose to act in selfish and unconscionable ways. While it is possible for them to learn to love, they are typically so damaged by life's experiences that there are extreme impediments to their transformation.

Evil only enters and sustains itself through an Ego that engaged in Suicide of the Soul.

NEURO-SCIENCE OF THE HOLY SPIRIT

How Chemistry Responds to Leadership Actions

One way to understand the four human drives better is to associate each drive with a primary neurochemical that it uses. While all these drives use a combination of neurotransmitters, focusing on the primary neurochemistry of the four drives provides additional insights into how to harness them.¹⁸



Four brain chemicals can be mapped into the four drives (see Figure 3). The drive to *Acquire* primarily uses dopamine, the drive

¹⁸ There are many neurotransmitters in the brain that operate in a complex array acting to "fine tune" the brain activity. We have focused on the "primary" neurotransmitters and refrained from delving into the "secondary" ones for two reasons: First, by keeping the focus on primary chemicals, we emphasize the key principles a leader needs to know. Second, if a leader tries to make decisions based upon trying to manage a large array of secondary chemicals, s/he runs the risk of sinking rapidly into analysis paralysis, or unnecessary micromanagement (the brain has the capacity to self-manage the micro fine-tuning process without intercession).

to *Defend* causes the release of norepinepherine (the brain-version of adrenaline), the drive to *Bond* uses oxytocin as discussed above, and the drive to *Create* is driven by the brain's opioids. Here's how they work:

Dopamine & the Drive to Acquire

Dopamine is part of the brain's "wanting system." It orients us to find resources such as food, fluids, shelter and a mate. It focuses the brain on a limited objective and motivates us to take risks to obtain this objective. Having a "goal" enables the brain to sort through the clutter of life and stay honed in on something it

discerns as valuable. The "wanting system" is rapid and automatic, for example, it activates quickly when a person smells aromatic food, or when someone smiles at us. It's saying, "this is good, do more of it."

Dopamine focuses the brain on a clear objective and motivates us to take risks to achieve it.

People whose brains produce too little dopamine are lethargic, risk-averse and unfocused, while those with too much dopamine become obsessive, possessive, risk-loving, and overly selfish.

To keep dopamine in the "balanced" range – not too much, not too little -- a leader needs to help people align on a clear goal, but one that is not exclusively measured and rewarded around individual behavior; otherwise people will tend to inhibit oxytocin associated with the drive to Bond. The goal should have a clear resolution when it is met or not met. Dopamine makes us "want" the goal by making us anticipate how it will feel when we achieve it.

Goals with greater meaning and broader values help this balance. Keeping goals in "balance" is one of the key reasons why companies use "balanced scorecards" so they can ensure that metrics are set up to reward all four drives, not just one over another.

Oxytocin & the Drive to Bond

Oxytocin is the "collaboration" molecule. When it is present, people link together in close relationships; they trust; they care for each other; they support each other in tough times. Leaders need to understand several key cause-effect relationships.

- Oxytocin is typically released in positive human interactions and motivates us to approach and engage with others, including strangers.
- Oxytocin is the foundation for enabling trust between friends and strangers, but its release is inhibited when one's immediate environment, either team or physical surroundings, are threatening. Fear has a profound negative effect on the release of oxytocin.

One of the great qualities of oxytocin is that apparently the brain cannot become overdosed on it, thus large amounts are fully tolerated, and there is no dulling effect, meaning that prolonged exposure to it does not require more of it to produce the same effect. In fact, oxytocin-driven bonding is more likely the more the trust-connection brain circuit is engaged.

Every leader who wants collaboration – teamwork, trust, alliances, or cooperation – must pay attention to creating environments that are reasonably secure. It is not a coincidence that the most innovative companies are also the most likely to have reasonable levels of job security. For example, highly rated innovators like Southwest Airlines, Procter & Gamble, Toyota, or Nucor Steel are known for their deep reluctance to lay off employees. Security, trust, and collaborative innovation are highly interdependent. As mentioned above, high stress inhibits oxytocin release in the brain and the desire to collaborate with others. But, in an evolutionary adaption that makes cooperation more likely, moderate stress, including the anticipation of a rewarding goal identified by the drive to Acquire, tends to increase the release of oxytocin. Having a goal to achieve makes us reach out and trust others in order to reach it.

Adrenaline & the Drive to Defend

Adrenaline is the "fear" chemical. When the leader plays with fear, they play with fire; it can be a weapon or a tool, and must be used with great delicacy.

Whenever a person experiences a threatening situation, within a quarter-second adrenaline begins coursing through the body sending the "high alert" signal. Depending upon the person's makeup and the situation, the response will be *fight*, *flight*, or *freeze*. While it is possible for people to override this response, it is a very powerful human response and has a strong tendency to override every other human desire, including sex, food, and money.

It's noteworthy that fear also has the capacity to "sear" the

event onto the brain's long-term memory. That's why we remember bad events so clearly, even if they happened dozens of years ago. This is nature's

Adrenaline is the "fear" chemical that has a strong tendency to override every other human desire.

way of helping us recognize danger and take rapid evasive action. When the brain's circuitry becomes overloaded with too much fear, people can become paralyzed because it keeps reoccurring in our memory; we call it Post Traumatic Stress Disorder -- one of the terrible after-effects of war, but it doesn't take a war to produce it. Too much stress at work will cause the same pattern of behavior.

On the other hand, studies have shown that not enough adrenaline makes people lethargic, overly satisfied, and complacent. A small amount of adrenaline keeps people alert, on their toes. But too much adrenaline shuts down the *Bonding* neurochemical¹⁹, as well as the *Create* and *Acquire* hormones.

¹⁹ In laboratory experiments, distrust produces a spike in another stress-reactive chemical testosterone, which is a potent anti-oxytocin (Zak, P.J. et al, 2005. The Neuroeconomics of Distrust: Sex Differences in Behavior and Physiology, American Economic Review Papers and Proceedings, 95(2): 360-3).

The "executive center" of the brain, the prefrontal cortex, can discern an *internal* threat from an *external* one. Thus, if one's *inner* team, within the firm, is trusted, and the threat is from an *outside* competitor, then the collaborative circuitry will stay functionally intact. However, as soon as the threat is seen as *internal* – within the *family* – all hell breaks loose; people experience *betrayal* – the worst form of distrust; they get very angry and are loathe to forget. The drive to *Defend* is one of the foundations of healthy competition and therefore should not be avoided, just channeled in a productive manner.

Opioids & the Drive to Create

The brain has an innovation circuit located in the "newer" part of the brain, the neocortex, which has played an essential role of our evolutionary history as inventive beings. This is where the fourth drive starts its action.

Flooding the brain with chemicals that "mimic" opioids, such as morphine or heroin, does not improve creativity. Morphine binds to mu receptors, giving an artificial high, without the benefit of productive outcomes. (An early version of morphine was called "laudanum" meaning "to praise.")

The brain's opioids²⁰, among these are endorphins, modulate pleasure and pain while releasing dopamine, the *Acquisition* neurotransmitter. The release of opioids causes us to enjoy experiencing the attainment of a goal we were seeking.

In addition, when we exercise opioids are released and dull pain. Opioid action in the frontal cortex is associated with flashes of insight and creativity which generates a brief "learning high."

²⁰ Opioids are natural occurring "opiates" which give us natural pleasure and dull pain. Endorphin is a contraction of the term "endo-morphine" meaning internally generated morphines.

Dancing with the Holy Spirit

Brain imaging studies of the frontal cortex show that while the presence of opioids varies greatly among individuals (depending upon their number of "mu"

The drives to Acquire and Bond can work synergistically to release the opioids for the drive to Create.

opioid receptors), all humans have them. Some studies explain that it is the presence of this receptor that makes a creative leap so pleasurable. We praise those with creative insights as this is the "spark" of innovation. Artists, musicians, writers, and inventors have known this for at least a thousand years. What's more, the drives to *Acquire* and *Bond* can work synergistically to release the opioids for the drive to *Create*.

WHAT IS TRUST WORTH?

A recent study of nearly 30,000 U.S. and Canadian citizens by John Helliwell of the Economics Department of the University of British Columbia indicates that just a 10% increase in perceived trust creates the same sense of wellbeing in individuals as a \$40,000 pay raise.

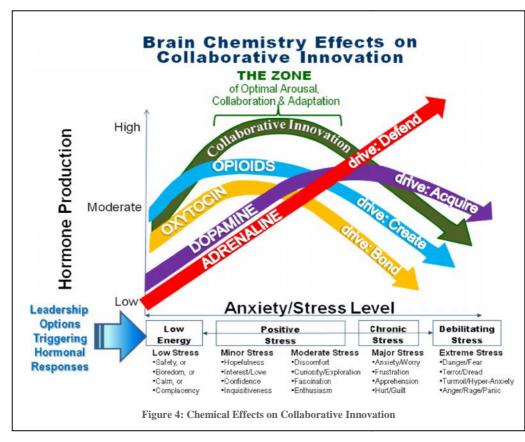
And it's not unusual for people to find, for the first time, a sense of real meaning and purpose to their work when trust is present.

Economic Value of Trust

How Fear Shuts Out Love & Creation

(Note: the term "collaborative innovation" is synonymous with "love & creation," just stated in a more business-like fashion.)

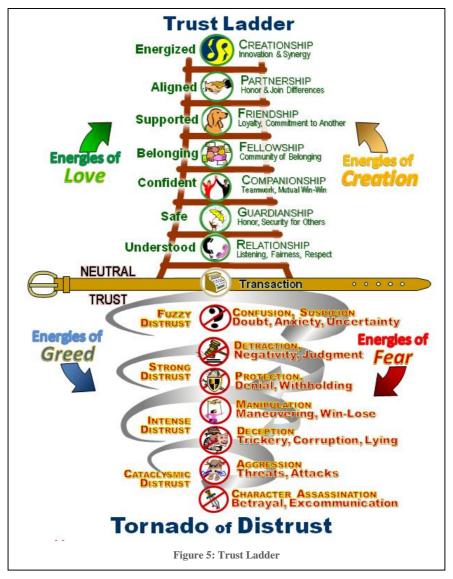
From the foregoing, one can chart out the hormonal interactions to understand how much stress a group can handle and maximize collaborative innovation, as indicated in Figure 4.



Any leader or person in an influential position, by using fear, can literally shut down the production of the chemicals in the brain that enable the Holy Spirit's brain chemistry from functioning.

TRUST LADDER& TORNADO OF DISTRUST

The leader, by emphasizing different combinations of the four drives, can completely change the results produced.



Volume 3 Page 30 Different combinations of the Four Drives can alter the collaborative innovation dynamics (see Figure 5). We symbolize the neutral trust level by a "belt." People using this graphic constantly refer to specific actions as "above" or "below" the belt.

By placing increased emphasis on the *Bond* and *Create* aspects of an organization's culture, the higher the trust. And conversely, by embodying and over-emphasis on the *Acquire* and *Defend* traits, distrust will manifest.

A REMARKABLE TRANSFORMATION

One of the finest examples of how the Four Drive Trust Ladder operates is the *Union from Hell* Case from the 1980s:

After twenty frustrating years, in 1982, General Motors threw in the towel on its plant in Fremont, California. After GM, Ford, Chrysler lost \$5.5 billion to overseas competitors in 1980-81, a new sense of reality hit senior executives. The Japanese, led by Toyota and Honda, were making better cars at lower prices. GM was convinced that the plant that loomed like a big battleship of three million square feet had become simply a battleground for labor and management to tussle and squabble daily.

GM saw the union as the problem, after all it was the union that was instigating all the turmoil, and protecting the jobs of "hippies, drug-addicts, and scoundrels." The absenteeism was so high that often the production line couldn't even be started. It was, by far, the worst of GM's plants in terms of quality and productivity: double-digit defects in every car, and far higher than average hours to assemble any vehicle. Distrust ran so high that the labor contract was crammed with over 400 pages of legal doublespeak and 5000 union grievances were backlogged. Thousands of Fremont workers received pink slips.

Toyota approached GM in 1984 with an offer to establish a Joint Venture in the United States (New United Motor Manufacturing Inc. – NUMMI) to reopen and manage the Freemont plant. Toyota offered to up-grade the manufacturing line, and take back most of Fremont former employees along with their labor union, but only a handful of the GM management. GM saw this as an opportunity to learn the Toyota Lean Management System and accepted the offer.

Toyota hired back 85% of the Fremont hourly union workforce, giving them a strong voice in plant operations. A no layoff policy was instituted. Toyota spent \$3 million to send 450 new group and team leaders to Toyota City for training in Toyota's production system.

Collaborative innovation was the focal point, as employees began participating in decisions regarding their work. Team members were trained in joint problem solving and quality practices to become experts in their respective operations. Employee roles expanded, the additional responsibility was for continuous improvement. Team members quickly implemented ideas for improvement, with successful solutions becoming standardized. All employees were empowered to stop the line at any time to fix a problem by pulling a cord running around the entire facility. Cooperation and confidence replaced coercion and conflict.

By the time the facility was fully operational, quality defects dropped to only one per vehicle. Cars were assembled in just half the time. Absenteeism dropped to 3%. Worker satisfaction and engagement soared. Operational innovation was on the rise, with over 90% of employees participating in the innovation program with nearly 10,000 ideas implemented. These were the same people, the same union, and the same equipment. But the outcome was radically different. All in under two years."²¹

After two years in operation, the once antagonistic NUMMI workers had built more than 200,000 cars and were winning national recognition. The U.S. Department of Labor highlighted NUMMI as a model of positive labor management relations. Newsweek magazine spotlighted it as "a model of industrial tranquility." Fortune pronounced it "the most important labor

²¹ May, Matthew; Elegant Solution, *Toyota's Formula for Mastering Innovation*; Free Press, 2007, p 61-65

relations experiment in the US today." Industry Week ranked the plant among America's 12 best manufacturing plants.

However, even though the GM managers trained at NUMMI learned Toyota's Management System, GM was still unable to implement it successfully in the rest of their U.S. operations. Why? Because the "invisible" part of the Toyota system was about trust and collaboration, which GM management was unable to replicate because its management culture was unsupportive.²²

The NUMMI example shows how great teamwork is based on all human energy from the four drives flowing in a single, unified, aligned, and integrated direction. This is the leader's most important task --- building trust, generating innovation, and achieving high performance.

What happened with the Union from Hell. Science gives us an explanation that is perfectly logical, reasonable, and quite true. The Economic Value of the NUMMI project was extraordinary.

The NUMMI case illustrates, in real life terms, the "economics of abundance." By engaging the energies of the Holy Spirit, trust and teamwork produced enormous economic value.

However, to explain the result in strictly behavioral terms completely overlooks the simultaneous spiritual explanation of the Holy Spirit being manifested by the NUMMI leadership.

²² When GM declared bankruptcy in 2009, it forced the end of the Joint Venture. The plant was temporarily closed, and Toyota, in conjunction with Tesla Motors, a manufacturer of new generation electric cars, now occupy the facility.

Foundational Mindsets about Collaborative Innovation

- 1. <u>Human Nature</u>: People are gifted with four drives, each representing ultimate survival motives. The drives to *Bond & Create* must be aligned and predominate if one wants to be a *collaborative innovator in the grace of the Holy Spirit*. The drives to *Acquire & Defend* must *support* the first two drives, *not predominate*.
- 2. <u>Trust</u>: Trust is essential to innovative collaboration. The basic elements of trust are fairness, honesty, respect, integrity, and empathy. When leaders start with command and control as the first principle of alignment, they quickly trigger the *Acquire* and *Defend* drives, suppressing trust. Leaders who fail to create trust limit their range of motivational options to fear and force.
- 3. <u>Teamwork</u>: Most people want to work together; only about five percent are anti-social. Be careful about putting even highly creative lone rangers in charge of innovation teams; they knock out the collaborative side of the innovation equation.
- 4. <u>Fear</u>: Fear can be a tool or a weapon; it's a tool when the fear is focused *externally* to the organization, but an innovation killer when used *internally*. Don't use fear as a spur, don't create artificial internal crises, and don't punish people who are well intentioned. Weed out those who believe that command by fear is the best way to get results.
- 5. <u>Creativity</u>: People are born creative; it's natural to want to bring new ideas into the work world. Let creativity be demonstrated by small as well as big hits.
- 6. <u>Alignment</u>: Aligning people on a common goal and purpose requires they can trust each other while they walk the same path. Start first by aligning around the four drives of the customer, and then the four drives of the key stakeholders, employees, stockholders, and suppliers.
- 7. <u>Synergy</u>: The attainment of synergy is possible only when built on a foundation of trust that honors differentials in thinking and the creative passion of people. If synergy is absent, look for distrust as the first culprit.

KEYSTONE CONCLUSIONS

The Divine Energies of Love and Creation

There is a deep secret spiritual code underpinning life itself,. But here is what I've found beyond and beneath what's in much of my inquiry into the spiritual nature of life itself:

- 1. In John 14-16 are the wonderful passages about why Christ leaves the earth-- so that the Holy Spirit of Divine Truth will come.
- 2. The Holy Spirit is represented by the wind that blows-- as the breath of God; these are the Divine Energies of God: the Energies (drives) of Love (bond) and Creation (create). These energies are synonymous with "Collaborative Innovation" in the business world.
- 3. The Divine Energies are hard-wired into the brain's DNA. We now know a reasonable amount about how to access them and how so many people have continually short-circuited them.
- 4. Because Trust, in its highest form, is Love and Creation (Divine Energy), then the highest form of Trust must be the Holy Spirit! And that's why she produces such remarkable results.
- 5. Over the course of time, the Holy Spirit:
 - was feminine in the Aramaic and Hebrew, and was represented in Greek as neutral: "psyche" or "pneu" or as feminine: "Wisdom-Sophia." She remained in this form at least until the 2nd century AD.
 - "She" was changed to a "he" in the Latin, and the Catholic Church argued vociferously in the 4th & 5th century that the Holy Spirit was masculine. (They wouldn't have to argue anything unless everyone at the time knew that the "he" was really a "she.")
 - This was all revealed in the Middle Testament (Apocrypha) work of the "Wisdom of Solomon,"

Dancing with the Holy Spirit

(which is still in the Catholic Bible with "she" turned into the mysteriously neutered "Holy Ghost").

- For some reason the Reformation was antithetical to these revealing wisdom passages and the entire Middle Testament was removed from the Protestant Bible, leaving a gap of 1000 years of spiritual writing between the Old and New Testaments. While Martin Luther's Bible retained the Middle Testament, it was removed from the King James Version.
- In several of my writings, I refer to "trust" as "she" to put things back into historical alignment (her "Gemini" qualities are the "love" and "creation" combination).
- 6. Synergy is the deepest yearning of the human soul because *God is Synergy* (see Appendix TWO). The soul naturally wants to create synergy, which is the alignment of differential energies -- harmonies and polarities -- into something transcendent, transformational, and filled with Love and Creation: the *dance of life* as we touch the higher soul in each other, bringing us closer to God. Through the Holy Spirit we are enabled to access this synergy.
 - I think this is what Christ was alluding to in John 14 when He said "These things that I do, ye shall do too, and greater than I" and why He said in John 13:34 that we needed another Commandment to get us to this point.
- 7. The Kingdom is not something you must experience only in the afterlife. It is in your fields, under your nose, if you care to look for it (See Appendix TWO)

The wonderful thing: the spiritual energies really work. However, these energies come under massive attack and can easily be destroyed in the presence of Psychopaths, Narcissists, and Machiavellians²³ -- all of whom we can thwart if we use our Divine Energies together.

What a wonderful thing to have this deep wisdom revealed to us! Halleluiah!

²³ Known as the "Dark Triad."

THE MESSAGES OF CHRIST

Religion seems to have gotten in the way of so much of the great teachings in the New Testament. Prelates who have wanted to teach seekers of wisdom and truth often get tied up in the literal meaning of scripture, and then get tangled in its web of knotted contradictions and strictures that were injected by prior "authorities" who spun and twisted the deepest mean into an unholy cloth.

What's important to understand is the real messages of Christ. Most students of the Bible are quite clear on two very important themes: first, mercy and forgiveness,, and second, resurrection and Redemption, neither of which were supported in the Old Testament.

To a lesser extent (but no less important) is the understanding that Christ was bringing a third message of healing, which begins first from the soul, then to the mind, then to the body.

Largely overlooked by religion, were three other themes:

- an opening of the doors of the Temple to every seeker of divine truth, regardless of their birth, a right that Judaism had closed off to outsiders who were not the "chosen people." Christ believed in equal opportunity.
- a reconciliation of the contradictions that make the Old Testament so confounding, It is this reconciliation that made Christ a spiritual revolutionary; He clearly was not a fundamentalist.
- a clear message that His departure was enable the divine energies of God, the Holy Spirit of Truth, the Great Comforter and Counselor, to flow through us, and thus open the path for our own spiritual evolution.

If and when traditional Christian religion embraces these last themes, it too will experience a resurrection.

APPENDIX ONE: THE SOUL AND THE HOLY SPIRIT

Biblical authors often use the terms "soul" and "spirit" interchangeably throughout various books of sacred scripture. This interchange of terms makes it difficult for us to comprehend the differences between "Soul" and "Spirit."²⁴

Soul and *Spirit* have been closely connected and often confused. Here's the way I've handed the distinctions:

- 1) SOUL is where our conscience lies; it's the connecting thread to God's Energies; and the unifying mechanism to the diversity within all normal humans.
- 2) SPIRIT is the Holy Spirit within us that flows the Divine Energies of God through us and into our Universe. The Divine Energies of God are Love and Creation; thus when we are Loving and Co-Creating we are in Divine Energy Flow.
- 3) FORGIVENESS and MERCY are so important because these release the blockages of Fear, Anger, and Revenge that prevent the Divine Energy Flow of the Holy Spirit. Forgiveness and Mercy enable us to create a new future, to regenerate, and not be burdened by the dead weight of historic baggage.

Spirit is the essence of divine energy, intangible and invisible. Soul is something that we feel in our heart; the soul's emotional expression transferred into our physical bodies. Here's how expert authority on the ancient Aramaic culture Rocco Errico tells it:

I believe Spirit transmutes itself into Soul, and Soul transmutes itself into physical form. Spirit, soul, and body remain differentiated, but are one [connected], which is consistent with

²⁴ Errico, Rocco; Let There Be Light, Seven Keys to Understanding the Bible, Noohra Press, 1994 p 211

The Spiritual Quest for Synergy

the ancient biblical idea that viewed a human being as a total unity, that is, as a spirit-soul-body manifestation. ²⁵

Soul is not a nebulous ethereal part of each of us; it is the very center from which we live. $^{\rm 26}$

The Aramaic word for *Soul* is *Naphsha*, meaning "being," life," and "self." It is the life force of a human being. The Greek word for *Soul* is *Psyche* (the basis of our word psychology); the Latin word for *Soul* is *Anima* (*feminine*) or *Animus* (*masculine*) meaning *Spirit*. To be "animated" is to have your soul and spirit activated.

The expression "Love your neighbor as thyself" when used in the Aramaic (Pashitta) translates into "love," or "compassion" or "kindness" or "tenderheartedness" or "mercy." $^{\rm 27}$

Compassionate love nourishes and encourages the finest in human beings and creates a healthy emotional environment forthe compassionate care and love that one has for his or her own actual soul (self) as the basis for the practice of love (compassion) for one's neighbor... establishing a state of self-grace.²⁸

Spirit in Hebrew and Aramaic means to *breathe* or to *blow or spirit* as in: "God breathed life into us;" "our breath was the soft sound of God's life force entering our Soul in our breast." Thus the expression: "the wind that blows," refers to the "breathe of God." God as spirit is everywhere, universally present, transcendent, and all inclusive.

Our word "inspiration" comes from the idea of *infusing us with spirit*.

A person with "evil spirit" signifies a bad demeanor or a jealousy – evil spirits coming not from the devil, but from our own creation.

²⁵ Errico, Rocco; Ibid, p 206

²⁶ Errico, Rocco, Ibid, p 210

²⁷ Pashitta is the form of Aramaic still used by Christians in the Middle East today

²⁸ Errico, Rocco; Ibid, p 218

APPENDIX TWO: BIBLICAL SOURCES OF THE HOLY SPIRIT

Because scientific innovation is highly measurable, it's relatively easy to track; whereas spiritual innovation is a bit trickier to analyze. While taking the Holy Spirit out of the shroud of sacred mystery into the realm of logic is not a simplistic journey; nor is the Holy Spirit an enigmatic quagmire. Let's build a foundation for our understanding.

Christianity's birth starts in Judea, but the story of how it came to flourish begins in Greece several centuries before Christ.

PLATO'S GIFT TO CHRISTIANITY

Plato (c 350 BC) wrote extensively about a loving God, in contradiction to the Hebrew God, who was often vindictive, merciless, and angry. Plato was also quite articulate about the nature of the soul.

Just as importantly, despite being conquered by the less spiritual Romans one hundred and fifty years before Christ, the ancient Greek culture still predominated along the Aegean Sea and in Alexandria, Egypt. This highly evolved Greek culture embraced a large number of core values that made it highly receptive to Christian beliefs, namely:

<u>Virtue</u> ($Ar\hat{e}te$ in Greek) was a highly esteemed characteristic in any Greek

<u>Love of Honor</u> (*Philotimo* in Greek) symbolized the trust code held dear as a mark of quality of character

<u>Wisdom</u> (*Sophia* in Greek) was so highly regarded that she was venerated as a goddess. (The term "Philosophy" means: Love (philo) of Wisdom.) Wisdom was the pathway to the soul.

<u>Community</u> and Partnership (*Koinonia* in Greek) expressed the spiritual communities of tightly bonded people within which "philosophia" could be experienced

<u>Deep Inquiry</u> was the process taught by Socrates to dig deeply into root cause and the order of the universe.

The Spiritual Quest for Synergy

<u>Paradigm Shifting</u> (*Metanoia* in Greek) Experiencing the world at a higher level of insight meant to set aside one's narrow or prejudicial point of view in favor of that which is more lofty, broader, or deeper. (In Greek, the word for "penance" is *Metanoia*, which means to "shift the heart of the mind to a higher or broader level."

<u>Unity in the Diversity</u> was a theme expressing *harmony of differentials* that had become imbedded in the Greek culture for the last five hundred years, starting with Pythagoras and Heraclitus. Thus the Holy Trinity of differences could be embraced without difficulty – oneness yet differentiated.

Greek Spiritual Evolution

Where were the Greeks headed spiritually? And how far had they gotten? For the sake of brevity, I will attempt this explanation in a short synopsis.

Plato made the first real breakthrough in modern spirituality with explorations of God as First Cause, monotheism, God as Absolute Perfection, the Creation of the Cosmos, God as Reason and Intellect, and our modern conceptions of the Eternal Soul, and Wisdom as the manifestation of the Holy Spirit.²⁹

In the third century BC Plato, then followed by Aristotle, engaged in evolving the insights to reconcile and transcend Pythagorean harmonies and Heraclitian polarities.³⁰ In his treatise on *Metaphysics*, Aristotle first laid down the concept of "synergy," the joining of energies that made the whole greater than the sum of its parts, as well of concept of "dynamic energy."

This level of thinking was having a major impact on spiritual thinking in Greece. Further, these themes enabled Greeks to resonate with Christ's message, whereas the Hebrew traditions were often at cross-purposes with Christian philosophy. Thus

²⁹ For a more detailed and erudite explanation, please see Dell Ehrlich, *Plato's Gift to Christianity*, 2001, and Dell Ehrlich, *The Platonic Bible, the Source of all Western Spirituality*, 2006, Academic Christian Press.

³⁰ See Volume Two: Dynamic Differential Energy

Greece was fertile ground for Paul's evangelical message the message the Hebrews had rejected.

The Spiritual Evolution into Christianity

After his Epiphany on the road to Damascus, Saul of Taras, who was to be later to be called St. Paul, was dismayed that he had virtually no success converting Jews to the ideals espoused by Christ.

Dismayed, he journeyed to Greece, where he found the ideals of Plato coincided precisely with those of Christ. Greece, despite Roman occupation, was still a land of learning, philosophy, and the search for truth. Paul made three trips to Greece from 46-57 AD. (remember Greece at that time included all the lands around the Aegean Sea, including what is modern day Turkey.) He did not carry the Gospels with him since they were written later.

Christianity first emerged and flourished in the first and second centuries in the Grecian lands surrounding the Aegean Sea. It was in this arena that Plato had laid the foundations of the concepts of the soul and its close connection to "wisdom." The idea of wisdom (Sophia) was integral to the Greeks and held quite sacred.

Aegean Greece was fertile soil for the teachings of Christ to gain root and grow. It was no coincidence that the New Testament was written in Greek because this language was so carefully designed to hold Christ's unique and enlightened concepts.

The endless search for truth is an essential theme that distinguishes the ancient Greek era. Nowhere is this more evident than in both scientific and spiritual evolution. What seems to go without discussion in the studies of the classical era is the nature of "spiritual evolution." For a culture, such as the Greek's, to qualify as a "great," it must continually to evolve its spiritual energies and understandings to discover hidden truths and expand its intellectual frontiers. The evolutionary spiritual heritage of Socrates, Plato, Aristotle, and the Stoics demanded its next leap forward.

That was soon to come with the missionary zeal of Paul of Tarsus. Disappointed that his Epiphany was spurned by his fellow

Jews, in desperation he made three evangelical journeys to Aegean Greece³¹ over a twelve year period (46-57 AD).

Why was Paul accepted in Greece, while rejected in Judea?

Biblical scholar Jerry Dell Ehrlich in his book *Plato's Gift to Christianity*³² explains that the Platonic constructs of the soul, the universe, and the divine nature of God laid the perfect seedbed to nurture the new-born Christianity. In fact, no other place in the world was more ready to accept Christ than Greece. Why? Because Plato's thinking was the perfect complement for Christ. (and by negation, the Hebrew culture was compelled to reject Christ as its antagonist). My friend and colleague Dell Ehrlich explains:

A simple question that is seldom adequately answered: 'Why, if Jesus and all his disciples were Jewish, and his entire ministry was within a few miles of his home in Palestine, were all the books of the New Testament written in Greek and within 100 years of Jesus' death and all the leaders of the church Greek speaking Gentiles?

The evidence shows that Jesus' teachings were out of Platonism and his teachings deeply appealing to the Hellenized people [meaning: of Greek influence] of the world in which he lived.

Platonized Christianity is evident throughout the early church, and started in the person and teachings of Jesus, not with Paul or any other later Gospel writer. Jesus was the beginning of this Platonized Christianity which became the mainstream Christian church in the following generations.

The early church kept the teachings of this Platonized Jesus and presented and defended them as the kernel of the new religion, so much so that all their sacred writings, the New Testament canon, and that virtually all the ridings in defense of the faith for the first 200 years were in Greek, and with the exception of a few Western

³¹ Note: present day Turkey was then part of ancient Greece.

³² Dell Ehrlich, Jerry; Plato's Gift to Christianity, The Gentile Preparation for and the Making of the Christian Faith, Academic Christian Press, 2001

fathers, for the next 200 years also. To use Edgar J. Goodspeed's words:

"The Greek Gospels are a convincing monument to the conquest of the Greco-Roman world by Christianity, and also of the conquest of Christianity by the Greek Genius. It is no accident that these important and most telling books arose in Greek circles and on Greek soil. Where else in antiquity could such books have arisen?"³³

In his extensive treatise, Dell Ehrlich goes into detail showing how some of the Epistles of Paul are Christianized interpretations of Plato's writing, and presents a point-by-point sympathy between Plato's and Christ's teachings, and, conversely an antipathy with Hebraic thought.

Holy Spirit & Greek Spiritual Innovation

The first writings about the Holy Spirit were being accepted as scripture in the second century BC. These were incorporated into the Roman Catholic Bible at the Council of Nicea in 325 AD as the "Middle Testament" which spanned the thousand year range between the Old and New Testaments. Known as the Apocrypha,³⁴ it included wisdom texts, such as *The Wisdom of Solomon*, in which the Holy Spirit appears as a female named Sophia (Wisdom in Greek).

As part of the need to consolidate the Holy Trinity, avoid the already complex multi-dimensional monotheistic God, and maintain masculine imaging, Sophia became the Holy Spirit permanently.³⁵

³³ Dell Ehrlich, Ibid, p 393-394

³⁴ This is still included in Catholic Bibles. For those of the Protestant faith, this may come as a surprise. With the Protestant Reformation, these sacred texts were left out of the King James version of the Bible. (see Appendix Three)

³⁵ 'Spirit' is of feminine gender in the Semitic languages (Heb, [rúakh]: breath, wind, spirit), neuter in Greek, and masculine in Latin (spiritus).

The Holy Spirit and the Essence of Wisdom

Here are a few of the beautiful quotes from *The Wisdom of Solomon* that demonstrate Sophia/Wisdom's³⁶ powerful imprint on the Greek spiritual psyche.

For Wisdom will not enter into a malicious soul, nor dwell in a body subject to sins.

For the Holy Spirit of discipline will flee from the deceitful, and will withdraw herself from thoughts that are without understanding, and she shall not abide when iniquity cometh in.

For the Spirit of Wisdom is benevolent, and will not acquit the evil speaker from his lips: for God is witness of her reins, and she is a true searcher of his heart, and a hearer of his tongue.

They that trust in her, shall understand the truth: and they that are faithful in love shall rest in her: for grace and peace is to her elect.

For the fruit of good labours is glorious, and the root of her wisdom never faileth.

Wisdom is better than strength, and a wise man is better than a strong man.

Wisdom is glorious, and never fadeth away, and is easily seen by them that love her, and is found by them that seek her.

She preventeth them that covet her, so that she first showeth herself unto them.

³⁶ The Wisdom of Solomon is contained in the "Middle Testament," also known as the Septuagint (sometimes referred to as the Apocrypha). These are accepted canonical texts in the Catholic Church. The Septuagint refers to a concordia of 72 prelates convened in Alexandria in the 3rd century BC that codified many ancient Hebrew texts. While the debate about their ecclesiastical veracity as holy scripture will probably never be resolved, for the purpose of this study, they shed insight into "ancient wisdom" that is valuable to present understanding. The idea of Wisdom (Sophia in Greek) and the Holy Spirit appear to be used somewhat interchangeably in many of these passages.

Dancing with the Holy Spirit

He that awaketh early to seek her, shall not labour: for he shall find her sitting at his door.

To think therefore upon her, is perfect understanding: and he that watcheth for her, shall quickly be secure.

For she goeth about seeking such as are worthy of her, and she sheweth herself to them cheerfully in the ways, and meeteth them with all providence.

For the beginning of her is the most true desire of discipline.

And the care of discipline is love: and love is the keeping of her laws: and the keeping of her laws is the firm foundation of incorruption:

And incorruption bringeth near to God.

Therefore the desire of wisdom bringeth to the everlasting kingdom.

If then your delight be in thrones, and sceptres, O ye kings of the people, love wisdom, that you may reign for ever.

Love the light of wisdom, all ye that bear rule over peoples.

Now what wisdom is, and what was her origin, I will declare: and I will not hide from you the mysteries of God, but will seek her out from the beginning of her birth, and bring the knowledge of her to light, and will not pass over the truth:

Neither will I go with consuming envy: for such a man shall not be partaker of wisdom.

Now the multitude of the wise is the welfare of the whole world: and a wise king is the upholding of the people.

Receive therefore instruction by my words, and it shall be profitable to you.

Other ancient Hebraic texts of the time were equally revealing about the spiritual power of Wisdom.

Finding Unity in Diversity

Originally the Holy Trinity was intended to be embraced as *unification of diversity*, a key early Christian theme. God the Father was the masculine, and Sophia (Wisdom) was the feminine, (similar to the ancient Taoist concept of Yang and Yin). Other early texts embrace God dualistically as Heavenly Father and Earthly Mother (from which our current "Mother Nature" is derived).

By the second century AD the Greek view of "unification of the diversity (masculine-feminine concept of God) clashed with the Judaic concept of God being only masculine. The more liberal view was held by Sophian Gnostics.³⁷ The conservative or orthodox perspective accused the Gnostics of heresy. The conservatives appealed to Emperor Constantine, whose mother had converted to Christianity in 319 AD. Constantine, wanting only one religion for the realm, appointed the conservatives to form a Council and resolve the issue. In the end, the conservatives won, banning Gnostics from practicing their "heresy."

However, the controversy will never be fully resolved, because the integration of the masculine and the feminine into the fabric of spiritual thinking is a universal issue that no edict from a patriarchal order can ever resolve. As stated in the Gospel of Thomas: [comments in brackets are mine, meaning not in the text]

> Let him who seeks, not cease seeking until he finds. And when he finds, he will be troubled. When [after] he has been troubled, He will marvel and will reign over All..... There is nothing hidden that will [can] not be revealed.

My Father's Kingdom is spread out upon the earth, and the people do not see it. The Kingdom is inside you and it is outside you.

When you know yourself, then you will be known ... But if you do not know yourselves, then you will dwell in poverty[being devoid of the Holy Spirit's wisdom]

³⁷ Gnostic means "know" in Greek, and is the origin of our word "know"

The Infinite Power of the Holy Spirit

It was from the Greek tradition that the idea and ideals of wisdom have come to us and were both translated into and incorporated within the construct of the "Holy Spirit." This is significant because the *only* unforgivable sin is to blaspheme against the Holy Spirit. (This is stated not once, but three times in the New Testament. If you didn't hear it in one Gospel, you'd have to hear it in one of the others!) And just where should we begin seeking this wisdom? (again from the Gospel of Thomas)

> If you bring forth [the light of the Holy Spirit] which is within you, that [light] which is within you will save you.

If you don't bring forth that [light] which is within you, that [darkness] which is within you will destroy you.

Or from Matthew 6:21-24

A eye that sees purely illuminates the soul; And the whole body shall be filled with light.

But if thine eye be evil, Then the whole body will be plunged into darkness.

If therefore the force that is in thee be evil, How great is the darkness!

Or from John 3:19

The light from heaven came into the world, but those who were evil loved the darkness more than light.

Or from the Gospel of Thomas

Love your brother like your soul, Protect that person like the pupil of your eye.

If you are whole, You will be filled with light. But if you are divided, You will be filled with darkness.

> Volume 3 Page 48

And what light must we be seeking within us? Christ tells us quite clearly about the light of the Holy Spirit:

The Holy Spirit gives new life from heaven. You must be born again. The breath of the Holy Spirit blows and you hear the sound, but you cannot tell from where it comes or whence it goes; for such is the nature of the Holy Spirit when a person allows it to be born. John 3:5-8

God is Spirit: and they that worship him must worship in spirit and in truth. John 4:24

For once the Holy Spirit is born anew within us, we have an obligation to ensure the Holy Spirit is never defiled:

Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are. Corinthians 3:16-17

Your body is the temple of the Holy Spirit, which is in you ... therefore glorify God in your body, and in your spirit, which are God's. Corinthians 6:19-20

And just how important is the Holy Spirit from Christ's perspective?. Ultimately his answer was supremely powerful and Christ's avowed reason for leaving and ascending to heaven.

The Father...shall give you another Comforter, that he may abide in you forever; The Spirit of Truth ... ye know him; for he dwelleth with you, and shall be in you.

The Comforter, which is the Holy Spirit, who the Father will send in my name, shall teach you all things.

When the Comforter is come... even the Spirit of Truth, which proceedeth from the Father, he shall testify of me.

Dancing with the Holy Spirit

It is expedient for you that I go away; for if I go not away, the Comforter will not come unto you, but if I depart, I will send him unto you.

When the Spirit of truth, is come, [s]he will guide you into all truth: for [s]he shall speak of him[her]self; but whatsoever [s]he shall hear, that shall [s]he speak; and [s]he will show you things to come. John 14:16-17, 28 & 15:27 & 16:7 & 16:13

Just how wise is s/he and how much confidence should we place in her/him? Again the New Testament is unequivocal:

And when they bring you into the synagogues, and unto magistrates, and rulers, Worry not how or what you shall answer, or what you shall say: For the Holy Spirit shall teach you in the moment what you ought to say. Luke 12:11-12

The Only Unforgivable Sin

And what should happen if we should forsake the Holy Spirit? No less than four passages admonish us about violating her/his sacredness:

And everyone that says a word against the Son of Man, that will be forgiven; But he that blasphemes against the Holy Spirit will not be forgiven. Luke 12:10,

Whoever blasphemes against the Holy Spirit will never have forgiveness, But is guilty of everlasting sin. Mark 3:29,

Therefore I say to you, any sin and blasphemy shall be forgiven men, but blasphemy against the Spirit shall not be forgiven. And whoever shall speak a word against the Son of Man, it shall be forgiven him; But whoever shall speak against the Holy Spirit,

> Volume 3 Page 50

The Spiritual Quest for Synergy

it shall not be forgiven him, either in this age, or in the age to come. Matthew 12: 31-32

The Gospel of Thomas weighs in on this subject too:

What goes into your mouth will not defile you; Rather, it is what comes out of your mouth that will defile you.

Suicide of the Soul

Blaspheming the Holy Spirit commits what the Greeks called "suicide of the soul," for it destroys our connection to our divine energies of love and creation.

Similarly, the Aramaic word for blasphemy can also mean to "revile" or "cut oneself off from." Thus the reason we cannot be forgiven is because severing ourselves from our soul is something only we can remedy ourselves. No divine intervention from God during or after the fact can heal this self-inflicted wound.

Would it be going too far to say that there are two kinds of blasphemy: *active* and *passive*? The former may be rather obvious, but the latter takes the form of *neglect*, *disregard*, *making subservient*, *showing little or no respect*. To me that is exactly what our world has done. Being in the State of Grace, to me, means making the Holy Spirit present in our every day actions as Christians.

The Holy Spirit as Teacher of Truth

Christ's clarity about the role of the Holy Spirit in Christianity's future could be no more clear:

...the Holy Spirit shall teach you all things... [s]he will guide you into all truth... and [s]he will show you things to come.

What could be more compelling and commanding advice? The clarity of Christ's words should leave us only with more questions, not about what direction to take, but what is the nature of what she will teach and what truths she will guide us to. Knowing the nature of the Holy Spirit is probably not as much of a mystery as we have made her. In most simple terms,

> *The Holy Spirit is the Energy of Divine Life Itself; the Divine Energies of God: the Energies of Creation and the Energies of Love.*

Your Destiny and Purpose

And when the Holy Spirit speaks, how do you know? It's a like the breath of God, you don't know from whence it came – almost like a voice from within that speaks in what often seems like "threads of ideas," or "themes," not always complete thoughts. These threads are like the warp and weave of a cloth.

People expect that the revelation of their personal unique purpose on earth will come in one cataclysmic expose – the "Aha! Moment" – all one's future trajectory will be clear, specific, and perfectly defined. While this may happen once in a great while, for most of us, in comes as an inner, soulful yearning seeking fulfillment

Think back on your life and this voice will probably have spoken to you many different times in similar or complementary threads. She may come during a dream or a walk on the beach or in a moment of quiet. She will reveal herself in repeating patterns – in a passage you like in a book or a favorite movie. Many find solace in reading the "wisdom texts" – *Psalms, Proverbs* (from the Old Testament), *Wisdom of Solomon* (from the Apocrypha) or Gibran's *Prophet* -- to hear the breath of God.

Thus the Holy Spirit is also the key advisor to learning your purpose on this earth – your "highest and best Destiny." If you want to know the direction for your life's purpose, she knows.

Is Synergy the Holy Grail?

And what is Synergy?³⁸

The Unity of the Diversity, the joined flow of the Energies of Love and Creation.

This is why synergy is the real "Holy Grail" and why it has been so hard to find – for the Holy Grail is not a "thing;" it is *essence*: or Divine (Essential) Energy. It is so simple, so pure, and so easy to grasp, that is why perhaps over these many centuries it has seemed so elusive – it's been inside us; all this time hidden waiting to be revealed requesting that we join these energies.

Had we sought the advice of the Holy Spirit, she would have given us simple and elegant advice on where to look and what it would look like.

How do we know these are the "Divine Energies?" The Bible tells us so: just turn to Genesis 1:1 and Leviticus 19:18 (or alternatively John 13:34), and we learn that God is the Synergy of the Divine Energy of Creation and Love. In the synergistic unity of these two differential forces we access the Holy Spirit.³⁹

³⁸ Most people have a heartfelt desire to create a synergistic relationship between others, their God, nature and, ultimately their inner selves. It therefore should be no wonder that, when Christ preached the overarching commandment "Love God with thy whole mind, and whole spirit, and love thy neighbor as thy self, he was exhorting people to engage in synergy. Early Greek Christians, already practicing their core cultural values would not be as perplexed as we are today by the passage in John 14:12-16 "I leave you so that the Great Comforter, the Holy Spirit (Sophia) may come to you … And these work that I do so shall you do, and greater works shall you do than I."

³⁹ Often we hear the expression "God is Love, and Love is all there is!" This is simply an understatement that obscures the real truth. God is not *just* Love, God is *also* Creation. This is not just a minor issue, for if we forsake our co-creative nature, we lose the essence of the Holy Spirit, which unites these energies as synergy. When we experience God as Love, we seek peace, which is just half the experience. When we experience the Divine Energies of Creation and Love, we seek synergy, which is both regenerative and transcendent.

It has been said that when we are despondent, we are not connecting with our mission, purpose, and God-granted destiny.

"Despondency is the suicide of the soul because when man is possessed by it he is absolutely unable to see the light and to desire it."

One's only salvation is to recognize one's soul. When one poisons one's own soul, even the forgiveness of God Himself cannot restore it.

The Greeks had a word for it: "Suicide of the Soul." It is one other means of blasphemy of the soul.

Richness of Forgiveness

The early Greek Christians had a colorful palette to paint a picture of forgiveness. For them, the idea was to *release* the pain and hurt of anger by *shifting the "heart of the mind" to a higher or deeper, or broader view* of the events and people that need forgiveness.

They used the process of Metanoia (explored in depth in Volume Two) for this release. Using Metanoia as the active engagement of new thinking and new understanding, forgiveness meant one shifted from the moribund emotions of anger, hatred, revenge, and vindictiveness, to a higher, more sympathetic understanding of the situations and conditions that led to the actions that require forgiveness.

This "upward" transcendence released the pain and hurt one holds within:

*Wisdom is the best healing of all remedies... following the Holy Law ... enabling peace and perfect health to flourish...coming to us, Heavenly Father, with thy Creative Mind.*⁴⁰

Thus forgiveness first heals the forgiver.

⁴⁰ Excerpted from *Prayer to the Angel of Wisdom*; Szekely, E.B.; *Essene Gospel of Peace*, Book Three; International Biogenic Society, 1962, pp 51-52

THE HOLY SPIRIT AS SOURCE OF REGENERATION

Metanoia is a regenerative process, enabling the Holy Spirit – Wisdom/Sophia – to heal the Spirit.

By exercising forgiveness, whether it be self-forgiveness, or with others, the effect is cathartic, cleansing the mind and the soul to enable a blossoming as one figuratively leaves a dark winter to enter a flowering of spring. By shedding the old husk, the human spirit is released from the bondage of anguish, pain, pettiness, and bitterness and reborn anew at a higher level.

This process of renewal was unique evolved by the Greek. Unfortunately the active process was debased when converted to the Latin language. Metanoia became "repentance," which infers a guilt not implied in the Greek.

And the Latin word "revival" (to re-live) was not nearly as fulfilling as its Greek counter-part: "Anapterosis," which means to take flight, to rise above as on the wings of a bird, such as a phoenix rising from the ashes. This Greek word, despite its nearly impenetrable pronunciation, embodies the whole idea of transcendence and transformation lacking in the Latin version.

So forgiveness meant to release the old, shift the heart and the mind to a higher, newer perspective, as on the wings of a snow white dove.

Christ's Message of Release & Regeneration

Christianity -- not as a religion with Medieval dogmas and doctrines, but philosophy and a set of principles advocated by the spiritual Christ -- is the core of our quest of the deepest understanding of Christ's message.

Much of the mystery of Christ is tied closely to the nature of the Holy Spirit, as exemplified in this passage about Nicodemus, the only Pharisee who wanted to understand the teachings of Christ:

Teacher, we all know that God has sent you to teach us. Your miraculous signs are proof enough that God is with you.

Dancing with the Holy Spirit

Jesus replied, "I assure you, unless you are born again, you can never see the Kingdom of God."

What do you mean? exclaimed Nicodemus. How can an old man go back into his mother's womb and be born again?

Jesus replied, "The truth is, no one can enter the Kingdom of God without being born ofthe Spirit.... the Holy Spirit gives new life from heaven." (John 3:1-6)

In this way, Christ was advocating a highly transformative experience of *Regeneration -- a strategic, spiritual, and synergistic transformation of relationships with God, oneself, and with others.* Much of the deepest meaning of Christ attempts to answer fundamental questions, such as "Who am I?" "What is my highest meaning and purpose?" "How shall I access the Kingdom of Heaven while on earth?" The pathway to the answers to many of these questions is clear: The Holy Spirit is a phenomenally powerful and central force in Christ's view. Consider these two passages:

Whosoever speaketh a word against the Son, it shall be forgiven him, but whosoever speaketh against the Holy Spirit, it shall not be forgiven him, neither in this world, neither in the world to come. Matthew 12:32

All sins shall be forgiven unto the sons of men, ...But he that shall blaspheme against the Holy Spirit hath never forgiveness, but is in danger of eternal damnation.

Mark 3:29

In other words, a damnation of the Holy Spirit is the only thing for which Christ says we cannot be forgiven. Why would this be so? Because the Holy Spirit dwells in each of our souls, and by damning the Holy Spirit, we damn our own souls – which is the pathway to God, to loving others, to forgiveness, and, most importantly, to the spiritual life-force that dwells within us. Blaspheming the Holy Spirit is Suicide of the Soul.

APPENDIX THREE: FINDING THE BIBLE'S SYNERGY CODE

The Multidimensional God

I have searched high and low throughout the Bible to find the *Synergy Code*. I knew it must be there, but where?

The next pages will take you on the journey in a more orderly manner than my "hunt and peck" trek. (Warming: If you are a Fundamentalist, this story may be disconcerting.)

In Genesis 1:27, many versions of the Bible state:

"And God said, let us make man in our image, after our likeness...." ⁴¹

.... "us" and "our" both imply that God was "plural" not "singular," thus multi-faceted or multi-dimensional. (This is like a diamond with multiple *facets*, but still *one* God.)

To understand the dilemma better, think of water. When frozen it is solid, when at normal temperature it flows, and superheated becomes steam, but is still water. It combines perfectly with some things, but never with oil. God, in the ancient Middle Eastern conception, was multi-dimensional and thus seen in through a kaleidoscopic perspective, multi-faceted.⁴²

Unity in the Diversity – The Hidden Synergy Code

The idea of God, in the Middle Eastern culture, took on a multiplicity of meanings, including "Life Giver," "Parent" (simultaneously mother-father), "Ultimate Creator," "Judge," "Ultimate Force," and "Sacred Unity" among others.

⁴¹ Errico, Rocco; Ibid, p 162

⁴² With the high-power analytical Greek mind came a change; their intellectual questioning required them to categorize, analyze, and systematize, dividing things into mind, body, emotions, psyche, inner-outer, and so forth. This approach is what we adhere to in our Western culture today.

In Christ's Aramaic language, whenever the word "God" appears, it refers to "Alaha,' which means variously "Sacred Unity," "Oneness, "the All," "the Ultimate Power," and the "One with no opposite." $^{\rm 43}$

By contrast, the English word "God" is based on a Germanic root, meaning "good." No doubt we can see goodness as one aspect of the divine, but it is not the same as unity....[nor] does it include "everything.

Arab-speaking Christians in the Middle East still use a form of this word for Unity – Allah – to refer to the divine.

The ancient Hebrew for – Elohim – has a plural ending, which can be interpreted many ways – 'the One that is also Many' or 'Unity in the Diversity.''⁴⁴

The Ancients understood the idea of "Unity in the Diversity" as the foundation of the Synergy Code, which was discovered by the Greeks and articulated by Aristotle in the dissertations on Metaphysics. (see Lynch & Prozonic, *How the Greeks Created the First Age of Innovation.*) I mused, wondering why the Synergy Code was not in the Bible, despite having looked for it for twenty years. It should now be quite evident from the insight above – *God is Dynamic Differential Energy:*

God, as "Unity in the Diversity", is the Source of Synergy.

The Soul Yearns for Synergy because God is Synergy.

This is not the simplistic God as in *Goodness is Godliness*, but in the multidimensional Alaha/Elohim which is *Sacred Unity*. In other words, the Synergy Code was staring us right in the face, disguised as a superficial translation of the meaning of one three letter word – "God"!

This Integrity of "Sacred Unity in the Diversity" was expressed by Christ in very clear language in the Gospel of Thomas: ⁴⁵

⁴³ Douglas-Klotz, Ibid, p 27

⁴⁴ Douglas-Klotz, Ibid, p 28 If God=Good, then "God is Love and Love is all there is" is a correct. If God=Unity in Diversity, then God=Synergy

I am not a 'divider,' am I? (72)

If one is whole, one will be filled with light, but if one is divided, one will be filled with darkness. **(61)**

There is light within a person of light, and it shines on the whole world. If it does not shine it is dark. (24)

If you bring forth [the light] that is within you, what [light] you have will save you. If you do not have that within you, what [darkness] you have within you [will] kill you. (70)

When you make two into one, you will become children of humanity; (106)

His followers asked "Shall we enter the kingdom as babies?"

When you make the two into one, and when you make the inner like the outer and the outer like the inner, and the upper like the lower, and when you make the female to a single one ... then you will enter the Kingdom. (22)

If you make peace with each other in a single house, when you say "Mountain, move from here," it will move. (48 & 106)

His followers asked him, "When will the Kingdom come?"

It will not come by watching for it. It will not be said 'Look, here it is' or 'Look there it is.' Rather the Father's Kingdom is spread out upon the earth, and people do not see it. (113)

The Kingdom is like a person who had a treasure hidden in his field, but did not know it. When he died he left it to his son, who took

⁴⁵ Note: The Gospel of Thomas was found as part of the Nag Hammadi Bible. Scholars are convinced it pre-dates the Gospels of the New Testament, by twenty to thirty years and was one of the primary source documents for the Gospels. The Gospel of Thomas consists of only 114 passages. Upon reading the passages, it appears as the sayings are scattered and disjointed because they were recorded by a person who was clearly not an adept story teller. I have rearranged the sequence along a thematic pattern that, I believe, tells a much clearer story.

Dancing with the Holy Spirit

over the field and sold it. The buyer went plowing, [and discovered] the treasure....[becoming enormously wealthy.] (106) ⁴⁶ One who seeks will find; for [one who knocks] it will be opened. (94)

Where is the "Trust Code" in the Bible?

In case you haven't spotted it by now, you just read where the "trust code" is buried in the Bible – right in front of our eyes in the Hebrew *Book of Proverbs*. The whole **Book of Proverbs** is really a book of *wisdom*, a book of *integrity*, a book of *accountability*, and more.

Unfortunately (at least in my personal experience) hardly anyone tells us to read and fully embrace the wisdom of *Proverbs*, then read the rest of the Bible. We get indoctrinated first with all the rules and regulations, not the wisdom.

We learn the Ten Commandments, but none of the subtleties provided in the *Book of Proverbs* that would make such a real difference in our lives. The *Book of Proverbs* is not strictly about religion, it's about Life Itself. No child should get past the eighth grade without having a course on it.

Are there Different Types of Synergy?

There are four synergies:

Synergy with Others (Brotherhood/Sisterhood,

Creationships)

Synergy with Nature (the Earthly Mother)

Synergy with God (the Heavenly Father)

Synergy with **Self** (the Alignment of Ego & Soul which give us *Meaning & Purpose*)

Those who have *synergy with themselves* have found deep meaning and purpose in life. Where there is no meaning and purpose, little things loom large in life. There is no greater gift; no higher purpose, no more magnetic reward, no blessing more

⁴⁶ Note: Christ is saying the *Kingdom is not something that awaits you after death, it's found under your nose, in your field, to be uncovered.*

magnificent, than to have be blessed with both *love* and a glorious *mission* in life to guide one's personal destiny!

To attain this level of spiritual synergistic evolution means we must carefully follow Christ's advice:

Judge not, and ye shall not be judged; condemn not, and ye shall not be condemned, forgive and ye shall be forgiven⁴⁷. -- Luke 6:37

This requires transcending tolerance, going farther, embracing differences as the source infinite creative power --a state being constituted not just by "gentleness" nor the absence of fear and hate, but one that embodies a commitment to empowering others, courage to preserver under stress, vibrancy of vision, and the qualities of enthusiasm and inspiration.

How did the Ancients express the Nature of Synergy?

Dancing is a beautiful metaphor to express the ideal of Synergy, it is the flow of the Divine Energies of God – the Holy Spirit – through us and others in our presence.

Here's how St. Augustine described the experience nearly two thousand years ago (from *In Praise of Dancing*):

I praise the dance, for it frees people from the heaviness of matter and binds the isolated to community.

I praise the dance, which demands everything: health and a clear spirit and a buoyant soul.

Dance is a transformation of space, of time, of people, who are in constant danger of becoming all brain, will, or feeling.

Dancing demands a whole person; firmly anchored in the center of his life; not obsessed by lust for people and things and the demon of isolation in his own ego.

Dancing demands a freed person, one who vibrates with the balance of all his powers.

⁴⁷ This does not mean we forsake making discernments, nor become tolerant of impudent behavior, nor act imprudently in the face of evil.

Dancing with the Holy Spirit

I praise the dance. O man, learn to dance! or else the angels in heaven will not know what to do with you.

When we are dancing life itself, we are dancing with the Holy Spirit, we are loving and creating in that moment.

Dancing was created by angels to give wings to man and woman.

Must the Ego & Soul always be in conflict?

All of us are born with an ego; it's a basic function of the human being. Here's a description with which I basically agree:

Ego is the unobserved mind that runs your life when you are not present as the witnessing consciousness ... The ego perceives itself as a separate fragment in a hostile universe, with no real inner connection to any other [human] being, surrounded by other egos which it either sees as a potential threat or which it will attempt to use for its own ends. Basic ego patterns are designed to combat its own deep-seated fear and sense of lack,⁴⁸ [producing] resistance, defense, attack, control, power, and greed.....

When egos come together, whether in personal relationships or in organizations or institutions, "bad" things happen sooner or later: drama of one kind or another, in the form of conflict, problems, power struggles, emotional or physical violence, and so on. This includes collective evils such as war, genocide, and exploitation – all due massed unconsciousness.⁴⁹

Then this author then proclaims that the Ego is a *pathological* force, a *pollutant* within us, something akin to the devil.

At this junction I must protest. Nothing could be further from the truth. God would not plant evil within us as a perverse joke.

⁴⁸ In answering this question I will connect *fear* to the Drive to *Defend*, and *lack* to the Drive to *Acquire*.

⁴⁹ Tolle, Eckhart; The Power of Now; New World Library, 1999, p 50

As a Course in Miracles advises, "you must choose to heal the separation" between your ego and your soul. $^{50}\,$

What we call the Ego is designed to enable us to survive in an often cruel and harsh environment. It enables us to procure resources (food, shelter), accumulate goods, defend our families and positions, and protect ourselves from harm.

The problem is not the Ego per se, but what happens when it becomes the controlling and/or dominant force in our lives. When Ego & Soul are "out alignment," our emotions are in turmoil, we are in psychic conflict, and we are "torn."

How do we know when our egos and souls are misaligned? Our emotions tell us; they are the barometer indicating *alignment* between Soul & Ego, specifically when the Soul has taken command of our lives, in a manner that reasonably satisfies the Ego's need to acquire a reasonable level of resources to exist and feels sufficiently safe that it no longer needs to be on "high alert" to protect and defend.

Our *Souls* are designed to give us *guidance* from the Holy Spirit, to *bond* with others, provide a conscience, and create peace by removing conflict, and generate synergy by aligning differences in our world. One is most capable of functioning effectively when the Soul becomes the "Guidance System" to lead the way in life, and the Ego becomes the "Engine" that is an energy force to attain the destiny determined by the Soul. The Soul and Ego can be aligned by giving "Voice to the Soul;" by letting the Soul and Ego talk to each other, by letting the Soul raise the Ego up to its highest level.⁵¹ (This requires bringing the ego from the subconscious to the conscious.)

⁵⁰ A Course in Miracles (p38) actually refers to the separation between the ego and Holy Spirit. My only distinction is that the Holy Spirit is divine energy that flows to *us through our souls,* not our egos (see Appendix 1).

⁵¹ Course in Miracles states: "Nothing can reach the ego from spirit. Spirit can neither strengthen the ego nor reduce the conflict within it...They are fundamentally irreconcilable." (p48) To this I take issue, for accepting this premise means that Ego and Soul can never be reconciled, thus

Let your Ego *empower* the Wings of your Soul!

Let your Ego *serve* the Holy Spirit through the Soul!

Let Soul accept the energies of the Holy Spirit by focusing on Love, Greater Purpose, and Deeper Meaning, Creating in the Moment, aiming at one's own Highest and Best Destiny. The Holy Spirit provides the guidance for this alignment.

How has a man profited if he shall gain the whole world, and lose his own soul? -- Matthew 16:26

IS UNCONDITIONAL LOVE REALLY POSSIBLE?

As spiritual beings, we are taught that we should love unconditionally. However, from a practical perspective, few people on the planet are capable of loving without trusting. Ask any marriage counselor who is trying to repair a broken marriage; they all know that the continuous expression real love cannot occur in a climate of distrust trust. This is because the brain's neurotransmitters for love are the same ones that control trust.

A breakdown in trust will severely limit one's ability to love, because *fear is the fundamental cause of distrust*. Neuro-chemically, our brains are designed to shut down the drive to *Bond* when an excess of fear is present. When fear locks out the drive to *Bond*, love withers and dies.

Thus, neuro-chemically, love can only exist as an existential concept without trust.

To open up love, first we must build a foundation of trust.⁵² In simplistic terms, this is done by making people feel safe, caring for others, working in people's greater good, being fair and honest, and being trustworthy.

Trust occurs when we honor each of the four drives in the human spirit by:

we would be forever condemned to a civil war within. A house divided
cannot stand. Healing the fractured self is essential to all growth.

⁵² Volume Four focuses strictly on how to do this.

The Spiritual Quest for Synergy

- 1. Giving a person's drive to *Acquire* the resources it need to survive, enjoy reasonable pleasure, and achieve goals
- 2. Providing one's drive to *Defend* with adequate safety and security, without blame and attack
- 3. Enabling our drive to *Bond* (*Love*) to thrive in an environment of caring, compassion, forgiveness, and love.
- 4. Engaging our drive to *Create* by focusing on learning, evolving ideas, growth, and solving problems mutually

If God is *Love* and *Creation*, then Trust is the foundation that enables the Power of God to arise and flourish within.

WHAT IS THE NATURE OF INTEGRITY?

Integrity is more than just being honest or trustworthy. Integrity means being true to oneself, true to one's deepest values, trusting oneself to do the right thing for the right reasons. The benefits of integrity are ultimately both a divine blessing and a liberating freedom.

Integrity means we have courageously integrated our four drives (*Acquire, Bond, Create,* and *Defend*) by aligning our Ego to serve our Soul.

Being courageous means being committed to a vision & purpose far larger and more powerful than our fears

Integrity becomes a divine blessing by enabling us to touch the heart of God, and moreover, to touch the souls of others around us, thus creating a new set of possibilities filled with hope, joy, and inspiration.

Integrity is thus expansive, allowing us to become more than ourselves, to create with others, to empower others, to build upon a foundation of trust.

The lack of integrity inevitably forces one to look back over one's shoulder, haunted by a past filled with historic baggage which will harbor tomorrow's illness, or threaten to destroy one's false illusions that were invented to disguise the sordid realities of a disingenuous life.

Dancing with the Holy Spirit

Integrity marvelously liberates us to live our lives forward into the future, enabling us to experience the present moment cleanly and without fear that our past will undermine us, corrode our vision, and erode our energy.

Integrity is the Alignment of the Four Drives into one Life Force guided by the Divine Energies of Love (Bonding) and Co-Creation. It is Integrity is Vitality (Unified Life Energy) resulting from Aligning the Ego to the Soul.

Integrity is a set of *internal* alignments that enables our thoughts, words, and actions to become one in the same. Accountability is the *external* demonstration of the *internal*.

THE Ultimate Question is: "What is the Meaning of Life?" Answer:

"To Create Meaning in Life!"

IS THERE A GOD?

Some of you may be wondering why I did not consider the most important question to be: *Is there a God?*

Yes, I have often considered that question, but my answer to it has always returned to the same answers:

1. When I look at life, or into the depths of the universe, or the complexity of biology, I cannot fathom that the nonexistence of a power much greater than I. Most scientists who have studied the micro and macro universes have come to the same conclusion. (See "Edison's Divinity on next page)

Whether we are made in God's image is a matter of philosophy. However, the Hebraic word used "image" in the Old Testament may very well have meant top be taken in the metaphoric sense, not to be taken literally.

2. If there were no God, life would be rendered pointless. As atheist Bertram Russell said: "Unless you assume a God, the question of life's purpose is meaningless."

Thus the question of whether there is a God quickly becomes "Can one find meaning in life without God?"

My conclusion is "Not very easily, just go to any prison to learn the answer to that question."Life without God is meaningless and life's purpose is an empty shell.

3. If there were no God, would I live my life differently? The alternative life style is hedonistic, selfish, seeking fortune and fame – all empty and meaningless purposes.

Thus, I would not change my life if I were wrong in the conclusion.

In the larger sense, I believe atheism is a cop-out, an easy, intellectual way to avoid the challenges of real spiritual growth.

Edison's Divinity

Thomas Edison was the world's most prolific inventor. To invent, Edison had to understand intimately the nature of materials, and how atoms and molecules interacted. He was a very devout believer in God.

"I do not believe that matter is inert, acted upon by outside forces. To me it seems that every atom is possessed by a certain amount of primitive intelligence. Look at the thousand ways in which atoms of hydrogen combine with those other elements, forming the most diverse substances.

Do you mean to say that they do this without intelligence?

Atoms in harmonious and useful relation assume beautiful or interesting shapes and colors, or give forth a pleasant perfume, as if expressing their satisfaction.

In sickness, death, and decomposition or filth, the disagreement of component atoms immediately makes itself felt by bad odors.

Gathered together in certain forms, the atoms constitute animals of lower orders.

Finally they combine in man, who represents the total intelligence of all the atoms.

But where does this intelligence come from?

From some power greater than ourselves.

I certainly believe in an intelligent Creator. The existence of such a God, to my mind, can almost be proved from chemistry."*

If you asked an astronomer about the existence of an intelligent Creator, the majority, by a wide margin, would say the same thing as Edison.

* Source: Lathrop, George Parson; *Talks with Edison*, Harpers Magazine, February, 1890, p 435 He commented regarding his interview with Edison how such a keen, practical, and penetrating mind "should so confidently arrive at a belief in God through the study of those media that often obscure the perception of spiritual things."

The Power of the Holy Spirit

When Christ refers to the Holy Spirit, He means a belief in, commitment to, and practice of the "higher order" laws – Love, Forgiveness, Fairness, and Mercy – which constitute the foundation of the Holy Spirit.

Christ saw the power of the Holy Spirit as the highest order of the law of the Father. Regeneration reveals God as Healer and Giver of Life through the Renewal of the Holy Spirit. Regeneration is not the reshaping of a life style as in information or reorientation.

Regeneration is not experienced as ritual, as in water baptism. Regeneration is the work of God through the Holy Spirit, dedicated to Transformation. Regeneration results in the creation of a fundamentally new relationship between oneself and the Holy Spirit.

"The Father...shall give you another Comforter (or Counselor), that he may abide in you forever; the Spirit of truth ... ye know him; for he dwelleth with you, and shall be in you. The Comforter, which is the Holy Spirit, who the Father will send in my name, shall teach you all things. When the Comforter is come... even the Spirit of truth, which proceedeth from the Father, he shall testify of me. It is expedient for you that I go away; for if I go not away, the Comforter will not come unto you, but if I depart, I will send him unto you. When he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak; and he will show you things to come." (John 14:16-17, 28 & 15:27 & 16:7 & 16:13)

Tragedy, loss, and even death of a loved one can be a spiritual revelation and resurrection when the soul embraces our highest ideals, giving wings to the soul, charging upward to the imagination that allows us to co-create a new future of bold possibilities. The Aramaic expression: "kam leh" has multiple meanings: "He has Risen," "He has Succeeded," and "He has achieved his Purpose in Life.

Volume 3 Page 70 This is the THIRD Volume in a Six Volume Set of

Cracking the Synergy Source Code

This series of books is a result of my personal quest to find the "truth, and to act from an integrated belief system that's:

"coherent and consistent; "

"spiritually strong and scientifically sound."

Most people have such a conflicted belief system that they waste their lives "chasing fireflies in the night," darting and charging in every direction, with no star to guide them to a worthy destiny. The other volumes in this set contain the deep wisdom – the "source codes" – that create order in a chaotic world and help you find that star to guide you through life.

Volume ONE	Be the Champion of Your Life <i>Transform Your Destiny!</i>
Volume TWO	Dynamic Differential Energy Revolutionary Greek Discoveries
Volume THREE	Dancing with the Holy Spirit The Spiritual Quest for Synergy
Volume FOUR	Building a World You Can Trust Beyond Safety & Security
Volume FIVE	History's Hidden Lessons Learning from the Good, Bad, & Ugly
Volume SIX	Destiny's Dream Lifting Ourselves to a World that Works

Volumes ONE through FIVE are designed to stand alone; you don't need to read the prior volume to understand the next, with the exception of Volume SIX, which integrates the themes of the prior books and moves on to strike new thoughts for a new world. I have purposely designed a small amount of overlap between the volumes to ensure connectivity and continuity of thought. *--Robert Porter Lynch*